**Leadership Lesson 1: Your Life Map**

**Traits**
- Self-aware
- Demonstrates Humility and Empathy
- Accepts and Learns from Failure

**Objective:**
To share your life story with your mentor, get to know one another and help you both understand one another's life goals.

**Activity**
For Rising Stars & Mentors to complete:
- Create your life map capturing key milestones that led you to be passionate about a social cause.
- You can use pictures, drawings and other creative materials to design this life map. There should be a minimum of 10 life points.
- Share your life map with your mentor (take a photo, make it electronic, upload and send it to your mentor).
- Example of a life map:

![Example of a life map](image)

- Share YOUR life map with your mentor. Mentors will share with you their life map they have created as well.

**Conversation Points:**
- What have you learned about yourself from looking at your Life Map?
- Do you see any patterns?
- Does anything on my Life Map surprise you?
- If I knew that all of the images and this Life Map would come into your life, would you be OK with that?
- Who do you need to become in order to fulfill the intentions on your Life Map?
- Based on my Life Map, what quality will you commit to developing this year?
- What did you learn about yourself?
- What pivotal moments in your life made you realize your passion?
- Were there moments of disappointment and challenges?
- Why are these moments significant?

**Action:**
1. Complete the above activity.
2. For your next conversation, be prepared to revisit your progress on your goals.